

Tuolumne County Behavioral Health MHSA Annual Update

2013-2014



MHSA Background

- ▶ 2004 – Prop 63 “**Mental Health Services Act**” (MHSA) designated 1% income tax on personal income over \$1 million dollars to support county mental health programs
- ▶ MHSA funding is used to expand county mental health services to children, adults and seniors with severe mental illnesses.
- ▶ MHSA funds prevention and early intervention services, innovative programs, education and training, permanent supportive housing, and capital facilities and technology improvements.



MHSA Overview

MHSA is based on five essential elements:

- ▶ Community Collaboration
- ▶ Cultural Competence
- ▶ Consumer & Family Driven Services
- ▶ Focus on Wellness, Recovery, Resiliency
- ▶ An Integrated Service Experience

To meet these goals, funding is provided for:

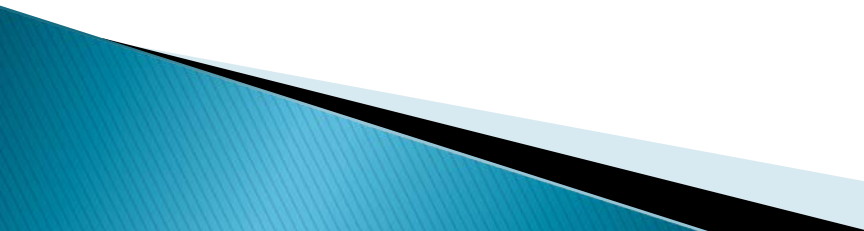
- ▶ Community Services and Supports (CSS)
- ▶ Prevention and Early Intervention (PEI)
- ▶ Innovation Projects (INN)
- ▶ Workforce Education and Training (WET)
- ▶ Capital Facilities & Technological Needs (CF/TN)

**Additional funding provided for Community Program Planning (CPP) and Permanent Supportive Housing (PSH) for those with Serious Mental Illness who are homeless or at risk of homelessness.*

MHSA Funding Allocation Overview

- ▶ The county receives annual MHSA funds:
 - 75–80% to Community Services & Supports (CSS)
 - 15–20% to Prevention & Early Intervention (PEI)
 - 5% to Innovation (INN)
 - *County is required to utilize 5% of the total CSS & PEI funding for Innovative Programs*
 - *This funding is subject to a 3-year reversion period*
- ▶ One-time funds were allocated to
 - Workforce, Education & Technology (WET)
 - Capital Facilities/Technology Needs (CF/TN)
 - Permanent Supportive Housing (PSH)
 - *This funding is subject to a 10-year reversion period (Counties can allocate up to 20% for CF/TN, WET and the Prudent Reserve for any year after 07–08)*

Funding for 2013–2014

- ▶ **Major shift:** monthly distribution (was yearly) resulted in fluctuations in funding amounts
 - ▶ Projections indicate **funding will stay the same and possibly increase** as economy recovers and tax revenues stabilize
 - ▶ Due to many factors, including 2014 Affordable Health Care Act implementation, counties chose to **complete an Annual Update this year, and address 3 year plan next year.**
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MHSOAC Oversight

MHSA

(Prop 63 - Mental Health Services Act)

Community Support Services (CSS)

Focus on Severe Emotional Disturbance or Mental Illness for Children & Families, TAY, Adults, Older adults

*Funding is allocated to "systems of care" that focus on the target populations. Counties are required to implement these three components within their CSS programs to serve:

- *Full Service Partnership
- *System Development
- *Outreach & Engagement

- *Full Service Partnerships
- *CAIP (Access, after hours)
- *Enrichment Center
- *Lambert Center
- *Benefits Specialist

Prevention & Early Intervention (PEI)

Focuses interventions and programs for individuals across the life span prior to onset of serious emotional/behavioral disorder or mental illness

*Includes programs provided prior to a diagnosis for a mental illness

*Early Intervention includes programs that improve a mental health problem very early, avoiding the need for more extensive treatment, or that prevent a problem from getting worse.

- *ATCAA- Challenge Days
- *ATCAA - Suicide Prevention
- *Catholic Charities - Older Adults Outreach
- *CNVC - Bullying prevention
- *ICES - Nurturing Parenting
- *Mercedes Tune - Latino Outreach
- *TCOE - Self program
- *TMWIHC - Native American Outreach

Innovation Projects (INN)

Funds learning-based projects that are intended to affect an aspect of Mental Health practices

- *Increase access to underserved groups
- *Increase the quality of services including measurable outcomes
- *Promote interagency and community collaboration
- *Increase access to services

- *Completed - "Building a Life at Home" *increasing supportive housing and case management*
- *Upcoming - "Wellness: One Mind, One Body" *Integration with health care*

Workforce, Education & Training (WET)

WET provides funding to remedy the shortage of staff available to address serious mental illness and to promote the employability of consumers

- *Workforce Staffing Support
- *Training and Technical Assistance
- *Mental Health Career Pathway Programs
- *Residency and Internship Programs
- *Financial Incentive Programs

- *One time funding for 10 year period
- *State: Stipend, Loan Assumption Program, Technical Assistance
- *Regional: Partnerships Resources, Trainings
- *Local: Workforce Needs Assessment, Education, Training, Cultural & Linguistic Competence

Capital Facilities & Technology Needs (CF/TN)

supports infrastructure associated with the growth of the public mental health system, software mandates related to Electronic Health Records (EHR), and other technological needs

*CF funding is limited to the purchase and/or rehabilitation of county-owned facilities used for mental health treatment and services and/or administration

*TN may cover expenditures including the purchase of electronic billing and records software, computers for staff or consumers, and other software or hardware

- *TN: Electronic Health Record - ANASAZI (Clinicians Home Page, Doctors Home Page, Treatment Plans)
- *FN: CAIP Renovation, EC Renovation

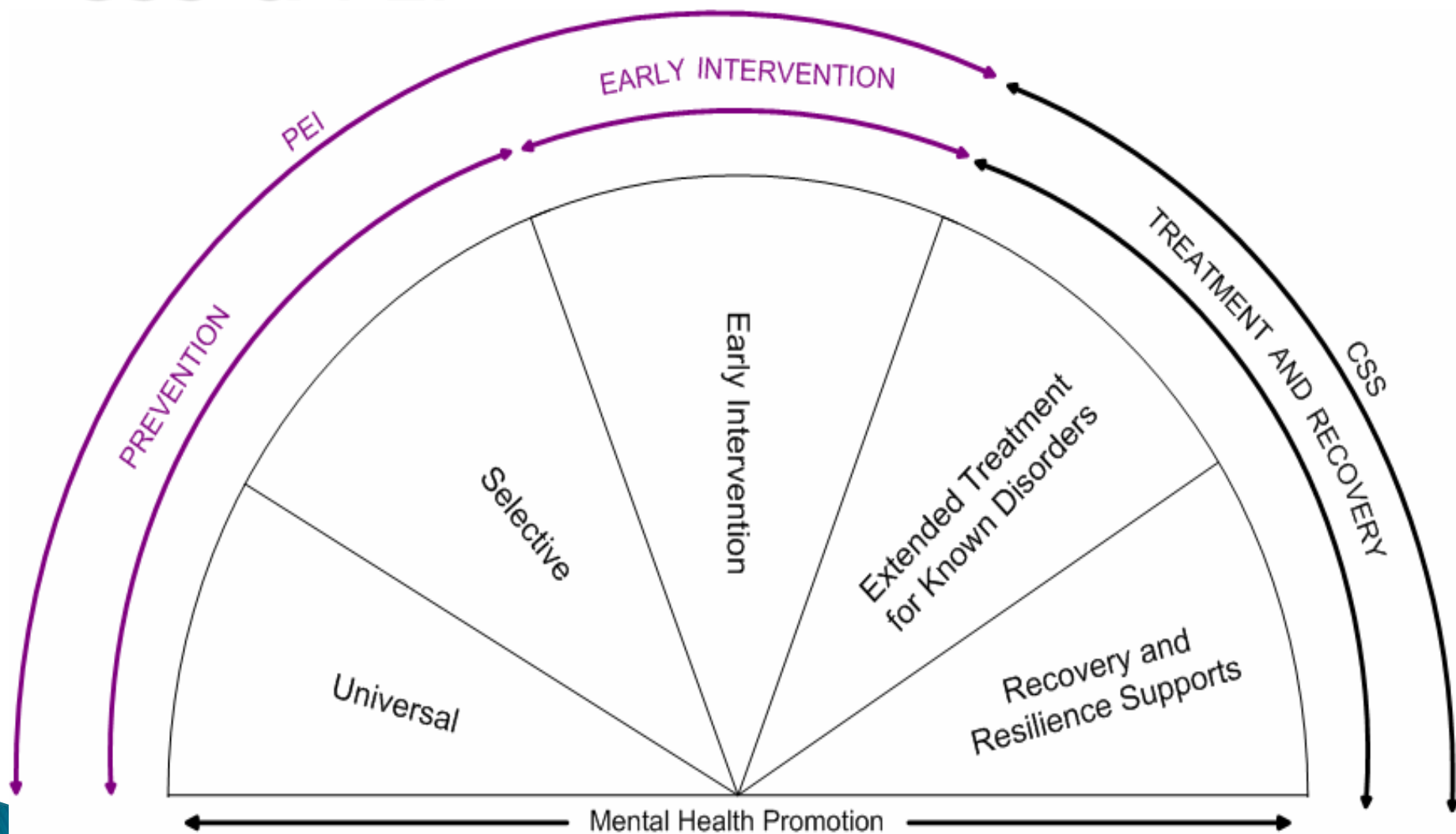
Permanent Supportive Housing (PSH)

For those with Serious Mental Illness who are homeless or at risk of homelessness

*Purchase or construction housing designated only for low-income SMI individuals (homeless or at risk of homelessness)

Purchased home on S. Washington St., Sonora 6 bedrooms

CSS & PEI



Community Supports & Services (CSS)

- ▶ Focus on Severe Emotional Disturbance or Mental Illness for Children & Families, TAY, Adults, Older adults
- ▶ Counties are required to implement these three components within their CSS programs to serve:
 - Full Service Partnership
 - System Development
 - Outreach & Engagement
- ▶ This year—two programs were shifted to PEI



CSS: CAIP (Crisis Assessment and Intervention Program)

- ▶ **Call and Walk-in Clinic**

(209) 533-7000

- ▶ Team of clinicians and recovery counselors
 - Available 24 hours / 7 days a week
 - Assess and respond to crisis events
 - Emergency support, triage and referral services
- ▶ Providing 24 hour Access to Care & critical system support

CSS: Full Service Partnership

System of Care	11-12 Q-1	11-12 Q-2	11-12 Q-3	11-12 Q-4	12-13 Q-1	12-13 Q-2
Child	3	3	3	2	2	1
TAY	3	1	4	4	3	4
Adult	12	9	20	20	19	20
Older Adult	2	0	3	6	5	6
TOTAL	20	13	30	32	29	31

TCBH FSP includes an assigned case manager, 24 hour access to assistance, financial supports as needed, with the requirement that enrollees be able to be a partner in their recovery process.

Since 2008, a total of **130** individuals have been enrolled in FSP.

CSS: Peer Support Services

- ▶ Peer Support Services help an average of **135** mentally ill individuals each month through:
 - **The Enrichment Center**
 - P.R.I.D.E. (Peer Recovery: Independent Development and Empowerment) support group
 - Community Support Groups, run by Peer Volunteers
 - WRAP (Wellness & Recovery Action Plan) development
 - Computer access, showers, laundry, socialization
 - Benefits Specialist available to assist with SS, Medi-Cal
 - **The David Lambert Community Center**
 - Provides drop-in supports and outreach including socialization, clothing, sleeping bags and meals to homeless and others in need

Prevention & Early Intervention (PEI)



- ▶ Focuses interventions and programs for individuals across the life span prior to onset and/or diagnosis of serious emotional/ behavioral disorder or mental illness
- ▶ Early Intervention includes programs that improve a mental health problem very early, avoiding the need for more extensive treatment, or that prevent a problem from getting worse

PEI: Nurturing Parenting



- ▶ **Infant Child Enrichment Center (ICES)**
- ▶ **Nurturing Parenting (NP) Services:**
 - ICES staff, partnering with Behavioral Health clinical staff, provide Nurturing Parenting parent education classes and home visiting.
 - These services foster positive parenting skills and activities to promote positive brain development in children birth to teen years.
- ▶ **FY 11–13**
 - 5 classes serving 69 parents, 40 children
 - Home visits for 13 parents, 18 children
 - Training in NP concepts for 65 families, 7 teachers, 4 CWS staff
 - Utilizing Evidence Based Practice w/ outcomes measures

PEI: Bi-Lingual Parent Education/ Case Management Services

- ▶ **Mercedes Tune – Bi-lingual parent educator**
 - Providing outreach, information and referral, and case management services to Latino families in Tuolumne County.
 - Utilizing Nurturing Parenting program as well as individual and family supports
- ▶ **FY 2011–12**
 - Conducted 269 home visits
 - Served 17 families, 24 adults and 27 children
- ▶ **FY 2012–13**
 - Conducted 159 home visits so far
 - Serving 22 families, 30 adults and 33 children
 - Trained in MH First Aid & Spanish and Youth versions



PEI: Bullying Prevention

- ▶ **Center for Non Violent Community (CNVC)**
- ▶ Providing a comprehensive bullying prevention program to schools for students, teachers, administrators and parents
 - Focusing on one school each year to address all levels
 - Boys Council and Girls Circle training and support
 - Collaboration with others community groups to support TCOE's Anti-Bullying Summit March 2013
- ▶ FY 2011-12 Curtis Creek focus
 - Additional services provided to Jamestown, Soulsbyville, Pinecrest, and Sonora Elementary Schools, Sonora High School Gold Rush Charter School, After School Programs in three school districts, and First Baptist Church of Sonora
- ▶ FY 2012-13 Jamestown focus
 - Additional services provided to Summerville, Curtis Creek, Soulsbyville, Pinecrest and Sonora Elementary Schools, and others as needed



PEI: Challenge Days

- ▶ **Amador Tuolumne Community Action Agency (A-TCAA)'s Friday Night Live**
- ▶ **Challenge Days**
 - Curriculum creates an atmosphere of tolerance and respect on campus, and fosters positive connections.
- ▶ **Participating schools in 2011–2012**
 - Summerville High School, and Columbia, Sonora, Curtis Creek, Twain Harte, and Jamestown Elementary Schools
 - Follow-up services include
 - Boy's Council
 - Girl's Circle,
 - Club Live



PEI: Parent/Teacher Consultation Services

- ▶ **Tuolumne County Office of Education (TCOE) Friendship Program team**
 - School Special Education Psychologist and School Readiness Educator
 - provide on-site consultation and coaching to preschool and Head Start teachers and staff, and parents to assist in the identification and long range management of children with behavioral health issues.
 - ▶ **FY 2011-12**
 - 20 preschool site visits
 - Consultation and coaching to 20 teachers
- Referrals, linkages provided



PEI: Suicide Prevention

- ▶ **Amador Tuolumne Community Action Agency (A-TCAA) as of Nov. 1, 2012**
- ▶ **Working with Suicide Prevention Task Force – Annual Summit May 23, 2013 (*Save the date!*)**
- ▶ **Current activities:**
 - Coordinate, implement and monitor suicide prevention education, trainings and resources for community residents of all ages.
 - Extensive statewide media outreach campaign, regional collaborations and trainings



PEI: Older Adults Outreach

- ▶ **Catholic Charities**
- ▶ Provides outreach, assessment and referral for our community's older adult population.
- ▶ In FY 2011–12 (CSS):
 - 79 unduplicated clients served
- ▶ FY 2012–13 (PEI):
 - 71 unduplicated clients served
 - Counseling, socialization, partnering, planning
 - Salt Shaker Support Group – topic specific and including some from residential facilities



PEI: Native American Outreach

- ▶ **Tuolumne Me–Wuk Indian Health Clinic (TMWIHC)**
- ▶ Provides outreach and engagement services for Native American families specific to mental health and substance abuse issues.
- ▶ In FY 2011–12 (CSSS):
 - 124 unduplicated clients served
- ▶ FY 2012–13 (PEI):
 - Monthly sweat ceremonies:
 - 90 participants in 2012
 - Trainings: Mending Broken Hearts, Medicine Wheel
 - Youth Leadership Group
 - Educational supportsm, School based therapist



Innovation (INN)



- ▶ Funds learning-based projects that are intended to affect an aspect of Mental Health practices (5% of MHSA funding)
- ▶ Increase access to underserved groups
- ▶ Increase the quality of services including measurable outcomes
- ▶ Promote interagency and community collaboration
- ▶ Increase access to services

INN 2010–2012: Building a Life at Home

- ▶ Created an interagency community task force to oversee the implementation and effectiveness of increased case management, local housing and peer recovery strategies
 - Population:
 - LPS – conserved or at risk of being conserved
 - Hospitalized or at risk of requiring a higher level of care, or residing in residential facilities
- ▶ Lowered LPS conservatorships from 27 to 16
- ▶ Moved people to lower levels of care, many locally in independent or supportive living

INN 2013–2016: Wellness–One Mind, One Body

- ▶ Planning phase
of next Innovation Project
- ▶ Integration with health care
- ▶ Recognition of whole body wellness
- ▶ Effects of medications, diet and lifestyle on
physical health and mental health
- ▶ Community input and ideas welcome!



Workforce, Education & Training (WET)

- ▶ WET provides funding to remedy the shortage of staff available to address serious mental illness and to promote the employability of consumers
 - Workforce Staffing Support
 - Training and Technical Assistance
 - Mental Health Career Pathway Programs
 - Residency and Internship Programs
 - Financial Incentive Programs
- ▶ One time funding for 10 year period



WET: Funding at multiple levels

- ▶ State (OSHPD):
 - Stipend, Loan Assumption Program
 - Technical Assistance
- ▶ Regional:
 - Partnerships, Resources, Trainings
- ▶ Local:
 - Workforce Needs Assessment,
 - Education, Training
 - Cultural & Linguistic Competence
- ▶ Provides for trainings provided in house as well as attendance at outside trainings

WET: Local Programs

- ▶ Columbia College Certificate Program
 - Peer support and psychosocial rehabilitation
 - Allows staff, consumers, or other community members to gain skills and knowledge for entry-level positions at TCBH
- ▶ Rural MSW Program (CSU Sacramento)
 - Several rural counties and a central region workforce partnership sponsored the three-year rural mental health MSW. Six students participated from Tuolumne County and completed the program in Spring 2012.
- ▶ GED program
 - Funds for GED test preparation for consumers

Capital Facilities & Technology Needs (CF/TN):

- ▶ Supports infrastructure associated with the growth of the public mental health system, software mandates related to Electronic Health Records (EHR), and other technological needs
- ▶ Capital Facilities Projects
 - Enrichment Center renovation
 - CAIP renovation and BH consolidation
- ▶ Technology Needs
 - Electronic Health Records (ANASAZI) purchase
 - Assessment and Treatment Planning
 - Doctors Home Page
 - Electronic Signature Pads



Permanent Supportive Housing (PSH)

- ▶ Purchase or construction of housing designated for those with Serious Mental Illness who are homeless or at risk of homelessness
- ▶ Purchased house fall 2012
 - 6 bedroom house on Washington Street, Sonora
 - Currently being filled with qualified tenants
 - Close to Case Managers, CAIP, Enrichment Center



Take our survey!

- ▶ Your input is an essential part of the planning!
- ▶ You may also provide input through our “Virtual Stakeholder Meeting”:
 - Visit the Tuolumne County Behavioral Health Network of Care site to take the community survey
 - <http://tuolumne.networkofcare.org/mh/index.aspx>
- ▶ or go directly to the survey:
 - <https://www.surveymonkey.com/s/mhsa2013>



Questions? Input?

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**The MHSA Annual Update will be up for public review
and comment during the month of May**

It will include information summarized in this presentation,
incorporate stakeholder input and survey results and provide
TCBH's plan for our county's 2013-14 MHSA funding